Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Sunday 19 Mar 2023 until 23:59 on Monday 20 Mar 2023

Forecast Issued on Saturday 18 Mar 2023 at 14:57 by Met Office Aberdeen

Confidence: High for Sunday. High for changeable weather early next week with rain at times, and for a return to colder weather midweek.

Headline for Sunday 19 Mar 2023: Dry and cold for most of the day, rain and snow spreading east later in the afternoon and evening

Mountain weather hazards on Sunday 19 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Medium Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny intervals	Cloudy	Light snow	Heavy snow	Heavy snow
Precipitation probability							
20%	20%	20%	<05%	10%	30%	70%	80%

Forecast for Sunday 19 Mar 2023

Weather: Mainly dry in the morning with some brightness, chance of a wintry shower along the west coast at first. Clouding over from the west in the afternoon with snow reaching west coast summits by late afternoon, snow extending inland in the evening. Snow will turn to rain across western Argyll, Jura, Arran and eventually southern Lochaber through the evening.

Chance of cloud-free hill tops above 800m: 70%

Low Cloud and visibility: Excellent visibility with great air clarity outside of cloud and snow. Some patches of cloud down to 850 metres shrouding some of the higher summits at times. Visibility dropping markedly along western coastal ranges late afternoon onwards as cloud down to 300 to 600 metres arrives, this quickly spreading inland in the evening.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 19 Mar 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	24/30 NW	26/33 NW	18/23 NW	14/18 NW	9/13 W	14/19 SW	16/21 S	19/24 SE	16/21 SE
900	16/22 NW	17/23 NW	13/18 NW	10/14 NW	8/12 W	12/17 SW	12/17 S	14/19 SE	12/17 SE
600	15/20 W	15/20 NW	11/15 W	9/12 W	8/12 W	12/17 SW	11/15 S	9/12 SE	8/12 SE
300	9/14 W	9/13 W	5/9 W	5/9 W	5/8 W	8/13 SW	8/12 S	7/11 SE	6/11 E
Glen	7/18 W	6/12 W	4/9 W	5/10 W	5/10 W	6/13 SW	6/12 S	5/10 SE	4/11 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	-3/-11	-4/-12	-4/-11	-4/-11	-4/-9	-4/-10	-4/-10	-3/-10	-2/-8
900	-0/-6	-1/-7	-1/-6	-1/-6	-0/-4	-0/-5	-2/-7	-2/-7	-1/-6
600	2/-3	2/-4	1/-3	1/-3	2/-2	2/-2	1/-4	1/-2	2/-2
300	4/1	4/0	3/1	4/2	5/3	5/2	3/-0	3/-0	3/1
Glen	6/4	5/3	5/4	6/4	7/6	7/5	5/3	4/2	4/3
Freezing Level*	800m	700m	700m	600m	600m	600m	600m	800m	1200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

A return to colder weather on Sunday with low freezing levels. Chance of some icy surfaces falling recent rain. Be prepared for worsening conditions late in the afternoon onwards as strengthening southeasterly winds bring low cloud and snow from the west.

Forecast for Monday 20 Mar 2023

Weather: Overcast in the morning with some light rain or drizzle around, although this falling as snow on the Argyll summits at first. Remaining cloudy into the afternoon and evening with bands of rain extending northeast across all areas.

Maximum wind: Southeasterly 20 mph

Chance of cloud-free hill tops above 800m: Little chance

Low Cloud and visibility: Widely poor visibility with extensive cloud down to 300 to 600 metres. Some breaks possible across southern Lochaber but these are not expected to be reliable.

Temperature: **Glens:** Plus 3 rising to 9 Celsius
At 800m: 6 Celsius, but 0 Celsius in the far north at first
Freezing level: Above summits, but 800 metres in the far north at first

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